

THE CHINOOK ADVANCE

Vol. 22

Chinook, Alberta. Thursday, JULY 5th 1945

Local News

A picnic sponsored by many Lanfine and Cereal friends was held at Nichols Grove, Cereal, on Sunday, in honor of Newly-weds, Mr. and Mrs. Delbert MacLean. Mr. and Mrs. Bill Gingles and Lloyd attended from Chinook.

Tedd Milligan is spending a two weeks' vacation with relatives at Calgary and High River.

Floyd Cooley of Calgary arrived here Saturday to visit at the home of his father, J. E. Cooley.

Mrs. Lorne Proudfoot was a Calgary visitor last week.

Mrs. Goddard and son of Calgary are spending a month with her parents, Mr. and Mrs. Don Anderson. Mr. Goddard will arrive later.

Born - To Mr. and Mrs. Cecil Blair (nee Chrissie Coutts) of Scotfield, in the Hanna hospital, Tuesday, July, 3rd a son.

Mrs. Ralph Whelan spent a few days this week at the home of her daughter, Mrs. Ben Mitchell of Scotfield.

Mr. and Mrs. McKeugue of Hanna visited with the latter's parents, Mr. and Mrs. Lloyd Robinson on Sunday.

Mr. Geo. Wanner of Calgary spent a few days in town this week.

Chinook district has been having rain about every day for the past week. The ground is too wet to work on the land. If nothing happens to prevent there will be a large crop in Chinook district this year.

AN OPPORTUNITY

around Chinook, Youngstown, Hanna and Veteran. One of the nation's largest companies, catering principally to farmers, needs, is ready to place a valuable contract, which should mean complete independence for a man fortunate enough to have the following qualifications - character record that will withstand investigation and proven ability to efficiently manage both himself and his own business. Financial status or age are not extremely important, but a car is necessary. Write the advertiser, P. O. Box 2216 Winnipeg, Man.

A birthday party was held on June 26, when Dorien May Blagen celebrated her tenth birthday. Games were played 30 guests attended, and all had an enjoyable time.

Despite other attractions, the School Sports held at Chinook on July 2nd had quite a crowd in attendance, and the different events for the children were keenly contested by the pupils from the different schools. The soft ball games between both the boys and girls teams, of Chinook and Cereal created a great deal of interest, as both teams were evenly matched, and in the girls game it was won by Cereal in the last few minutes of the game.

Another attraction which caused a great deal of amusement was the soft ball game between the married and single men of Chinook, whether it was because their better halves were present, the married men showed a keenness that was surprising, or it may be due to the rooting of one of the local grain buyers, who unfortunately seems to have lost his voice since the game or may be; reserving it for Chinook Sports on Friday, June 6th.

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**SEEDTIME
and
HARVEST**

DR. K. W. NEATBY

Director

Lines Elevators Farm Service

Conserving Moisture

Crops sown on summerfallow this spring will benefit from moisture accumulated since about August, 1942, as well as from rain which we all hope will fall this summer. Under average conditions, this involves about 30 inches of precipitation.

Experiments conducted by the late Sidney Barnes at the Dominion Experimental Station, Swift Current, over a period of 11 years, merit careful study by all dry land farmers. Of the total precipitation which falls during the summerfallow period of 20 months (for example, August, 1942 to April, 1944), not more than 30 percent is available to the summerfallow crop. What becomes of the rest?

1. Some percolates down through the subsoil; but this loss is negligible except in humid areas.

2. Some runs off the field.

3. A lot evaporates.

4. Too much is used by weeds.

We may ignore No. 1. Trash cover and, where feasible, contour tillage will reduce losses from No. 2. Loss from No. 3 is almost entirely unavoidable. With respect to No. 4 it is significant that Mr. Barnes considered that preventing weed growth was the most important feature of summerfallow tillage. In his experiments, weeds yielded more than twice as much when weed growth on the fallow was prevented as it did when weeds were left alone until being plowed under on July 15th.

It takes at least 300 pounds of water to produce one pound of dry dead weed material.

**NOW
is the time to
BUY COAL**

This year there must be no "slack season" in the Western mines. Every miner must be kept working throughout the year, if you are to be sure of your next winter's supply of coal.

So that your dealer may do his part in keeping the mines busy during this war emergency, get him to fill your bin as soon as possible.



DEPARTMENT OF MUNITIONS and SUPPLY
Hon. C. D. Howe, Minister

WG 12



Standards Of Public Health

CASUALTY LISTS are one of the most distressing features of war, and the prevention of large-scale suffering and loss of life is perhaps the greatest motive underlying efforts to establish permanent world peace. Shocking as casualty figures are, however, our attention is frequently drawn to the fact that disease each year claims civilian lives in numbers exceeding those of battle casualties, and it is apparent that there is a need of increased public interest in this aspect of the national welfare. Public health education, medical research, further extension of medical services and higher standards of nutrition, are among the measures necessary to combat disease and to bring about a reduction of the civilian death-rate. All these measures require large expenditures of public funds, and they also require widespread interest and support on the part of the people.

Canadians Now Live Longer

It is estimated that the people of Canada spend approximately one billion dollars a year through illness, but health authorities are of the opinion that fifty per cent. of all sickness could now be prevented. If these efforts are continued and expanded, we may look for even greater improvement along these lines in the future. In Canada during the last half century, the average length of life has been increased from 45 to 67 years, and the infant mortality rate has been steadily reduced. In that time, too, many of the diseases which formerly claimed a large number of lives each year, have been brought under control, or completely stamped out.

Great Progress Has Been Made

Records show that some parts of Canada have progressed more rapidly than others in eradicating diseases which can now be controlled through immunization and other means. In communities where immunization for diphtheria has been extensively carried out, this disease has practically disappeared. In some instances, statistics show that it has not occurred for as long as fifteen years. Pasteurization of milk is believed to eliminate the spread of such diseases as typhoid, bovine tuberculosis, septic throat and many illnesses contributing to infant mortality. In areas where pasteurization is compulsory, the frequency of these diseases has been greatly decreased, and there has been improvement in the general standard of health. In 1927 there were 1,112 deaths in Canada from typhoid, while in 1942 the deaths from this disease numbered 108. With continued interest and support on the part of health authorities and the public, we may hope that similar encouraging figures may soon apply to other diseases which have not yet been brought under control, and that the standard of public health in Canada may continue to improve.



Be sure and take along a few Burgess Flashlight Batteries—"Chrome cells"—famous for their extra long life made in Canada by the Burgess Battery Company, Niagara Falls, Ontario.

BURGESS
Flashlight Batteries

BURGESS BATTERY COMPANY
NIAGARA FALLS, ONTARIO

New Giant Liner

Britain Will Likely Build Another Of The Queen Class

Britain's entry for the post-war blue ribbon of the Atlantic probably will be a third giant liner of the Queen class, *Commodore Sir James Elphinstone*, said as he told news of the graphic wartime saga of his 81,255-ton Queen Mary at New York on her first visit to the United States since the war ended in Europe.

Emphasizing that he was expressing only his personal opinion, the bluff captain of the Queen Mary painted an optimistic picture of the future of the steamship in a post-war world in which the airplane may play a predominate part.

The 62-year-old commodore of the Cunard White Star fleet dismissed suggestions that the airplane will seize command of the trans-Atlantic passenger trade. He declared: "Ninety per cent. of travellers will prefer to go by ship, just because it is a ship."



Underground Castle

German Legation In Switzerland Was Furnished Luxuriously

A Swiss official disclosed that when police examined the now-closed German legation at Berne, they found beneath it a vast underground fortress. Beneath the house there were huge subterranean rooms furnished with the most luxurious comfort, the official said. "The main room was a large, massively-walled chamber built like a bank stronghold. It housed an amazing quantity of the most modern technical equipment, mostly radio, for directly communicating with Berlin."

"The underground building was prepared to stand siege or air attack."

GEMS OF THOUGHT

HUMAN UNITS

In a great house there are not only vessels of gold and of silver, but also of wood and earth; and some to honour, and some to dishonour.—St. Paul (II Timothy 2:20).

Great political questions stir the deepest nature of one half the nation, but they pass far above and over the heads of the other half.—Wendell Phillips.

The worth of a State in the long run is the worth of the individuals composing it.—John Stuart Mill.

The Christianity that is merely of sects, the pulpit, and fashionable society, is brief; but the Word of God abideth.—Mary Baker Eddy.

Wait not till you are sure of an echo from a crowd. The fewer the voices on the side of truth, the more distinct and strong must be your own.—Channing.

The true grandeur of nations lies in those qualities which constitute the true greatness of the individual.—Charles Sumner.

SMART MEXICAN

Sgt. Hector Felipe Jimenez Rubio, a Mexican army man attached to Lowry Field, won the title of the typewriter tornado because he types 120 words per minute in English—language he can't read.



LOST IN STOCKS—Francis J. Smith, of Toronto, Ont., discharged from the R.C.A.F. after four years of service overseas, says he was fleeced by a Toronto stock promoter. He says he bought 1,000 shares of a gold mining stock while working as a civilian construction hand at Goose Bay in Labrador in August, 1944. He received a letter, he says, acknowledging receipt of his cheque, but no certificates. The stock went up, but he could not dispose of it, because he had no certificates. Finally when the certificates were forthcoming, the stock had dropped below the purchasing price and he lost money.

Elephant Labor

Unique Unit Worked For The British Army In Burma

They don't give medals to elephants but no story of how the long, drawn out war in Burma was won would be complete without mention of "Elephant Bill" Williams' unique army unit.

There is no other military outfit like it anywhere. It is a labor company made up solely of elephants—more than 200 of them—and their handlers.

Their main job was building log bridges and carving roads through dense jungles where no roads existed before. But the elephants carried out many other important assignments like evacuation of the sick. Each animal could carry three men 12 miles a day over roads that were impassable even to mules.

Boss-man is Lt.-Col. J. H. Williams, one of the world's foremost experts on organization of elephant labor who is known throughout Burma as "Elephant Bill". He is a tall Cornishman who fought with the Devon regiment in Egypt and Mesopotamia in the First Great War and then spent 26 years in Burma as an employee of the Bombay-India Burma Trading Corporation.

About 5,000 elephants, formerly belonging to the big teak extraction firms and local contractors, were left behind in Burma. The Japanese, who had used this type of transport in bringing their mortars through Siam, continued to use them in Burma.

In November, 1942, a group of British officers and natives, headed by Col. Williams, managed to "persuade" 60 elephants to belt from the Japanese lines on the Chinwin banks. Women and children volunteered as mahouts.

This herd, was the embryo of the present organization.

The colonel's elephants have been asked to crank broken down trucks, and to have guns fired from their backs.

Sea Power Essential

Royal Navy Is One Thing Britain Cannot Do Without

A. V. Alexander is known for his great and jealous love for the Royal Navy and it was not surprising that he should be reminding us of the pre-war neglect of our sea defences and urging us never to forget the needs of naval power. Certainly it was Germany's weakness in this sphere, coupled with her real weakness in the air (though this was far from apparent to us at the time) that let us escape invasion in 1940. Hitler's ambition, joined to a misreading of our willingness to go to war, led him to open a conflict for which he was not prepared and for which he had not even had time to prepare.—Manchester Guardian.

MEANT WELL

A well-meaning stranger on a Parry Sound-Toronto train committed a faux-pas when he offered peanuts to six-year-old Donald Barager of Parry Sound. The boy was being rushed to the Toronto hospital for sick children to have an obstruction removed from his throat. The obstruction was a peanut.

Price Control And Rationing Information

Q.—How many pounds of honey am I allowed for one coupon? My grocer would give me only one pound.

A.—Your grocer should have given you two pounds of extracted honey for one coupon.

Q.—Will I be able to obtain sugar to feed my bees? I do not sell the honey.

A.—A beekeeper who requires sugar for feeding of bees but who does not sell honey is not required to register with the Ration Administration as a Primary Producer of honey, but must register with his Provincial Apiarist in order to obtain sugar.

Q.—What do I do if I have lost my ration book?

A.—Go to the local ration board, where you will make a statement or take an affidavit as to the fact that you have lost your ration book. Further instructions regarding the obtaining of this ration book will be given to you at that time.

Q.—Do ration coupons issued to members of the armed forces for leaves expire?

A.—Ration coupons issued to members of armed forces do not expire.

Please send your questions or your request for the pamphlet "Consumers' News" or the Blue Book in which you keep track of your ceiling prices, mentioning the name of this paper to the nearest Wartime Prices and Trade Board office in your province.

SMILE AWHILE

Father: "When I was a little boy, I always ate the crusts."

Sonny Boy: "Did you like them, Dad?"

Father: "Of course I liked them." Sonny Boy: "Then you can have mine."

The country year was nailing some trelliswork up in his garden when he chanced to look up, and saw a London evacuee boy watching him. With a pleasant smile, he said:

"Well, my little man, are you interested in woodwork or gardening?"

"Not me, guv'nor," said the boy. "I'm just waiting to 'see what a person say when 'e 'its 'is thumb'."

The prisoner was a very tough-looking customer. He was asked whether he could read and write. "I can write but I cannot read," was the reply. He was then asked to write his name and after he had scrawled huge letters over the page was asked what it meant. "I dunno," said the man, "I told you I can't read."

A man telephoned his doctor: "Come over quick, doc. My wife has appendicitis."

"Nonsense," snorted the doctor. "I removed your wife's appendix three years ago. How can anyone have a second appendix?"

"Listen," cried the husband. "Did you ever hear of anyone having a second wife?"

Chappel (visiting a new dentist for the first time)—"Have you been a dentist very long, Doc?"

Dentist—"No, I was a riveter until I got too nervous to work up high."

Fortune Teller (to inquiring rookie soldier)—"You're going on a long journey and it should be worth a dollar."

Putting a bit from his pocket, the trusting doughboy passed it over to the woman palm reader, who gave in return this simple answer:

Palm Reader—I know, but it's a military secret.

"The new maid has stolen two of our towels."

"The thief? Which ones, dear?"

"The ones we got from the hotel in Miami."

The rich man wrote to his neighbor: "I am sending you \$10 you requested, but must draw your attention to a spelling error in your last letter: 10 is written with one nought, not two."

In normal times, the United States averaged 11 pounds of coffee per person annually; in England, it was less than one pound.

THE BEST WAY TO KILL FLIES

—The package of WILSON'S FLY PADS will kill more flies than \$2.00 worth of any other fly killer. The old way takes 65 years. Use WILSON'S FLY PADS today!

You'll enjoy our
Orange Pekoe Blend
"SALADA"
TEA



HOLLYWOOD BOUND

On for a fun-filled forlough in Filmland are three CWACs and a W.C.A.C. supervisor from Dundurn Military Camp, who stopped off in Regina prior to boarding a plane for the glamour city. The girls were Cpl. C. I. M. Roberge, Edmonton; Cpl. R. Fleming, Maple Creek and Mrs. E. M. Haun, Calgary, of the W.C.A.C., and they are on their way to Filmland on an invitation extended by the Hollywood Studio Club. Just how the invitation from the Studio Club, which numbers among its members, Mrs. Cecil B. DeMille, Joan Bennett, Mary Pickford and other film celebrities, happened to come to Dundurn Camp isn't known, but ever since its arrival last March, the girls have been saving for the trip. Commented Cpl. Roberge, "What are 48's? I haven't had one since I started saving for Hollywood." Cpl. Alexander thought of all the chocolate cake she'd done without, but decided it was worth it. The girls are travelling by plane in order to make the most of their forlough time. The club has arranged for their use of a swimming pool in Beverly Hills and tours to studios and night clubs. "Everything we could wish for," say the girls, with perhaps a surreptitious hope for a Clark Gable or Van Johnson throw in!

PROMOTED

Cpl. Margaret McBain, daughter of Mrs. J. A. Adamson, Nipawin, Sask., and wife of L.-Cpl. G. R. McBain, Canadian Army Overseas, has recently been promoted to the rank of sergeant in the Canadian Women's Army Corps in Regina recently. Promoted to sergeant in the Canadian Army Overseas, she is serving as a clerk in the Dir. of Organization, N.D.H.Q., Ottawa. Two brothers, L.-Cpl. Jimmy Adamson and Pte. Eldon Adamson, are serving with the Canadian Army Overseas.

ENLISTS

Several girls from rural Saskatchewan enlisted in the Canadian Women's Army Corps in Regina recently. Included among them were: Christina MacLeod, St. Louis; Violet Brandes, Spalding; Elizabeth Thompson, Craik; Norma Gutz, Davidson; and Tina Jasechko, Blaine Lake.

"BRITISH CWACs"

Serving with the Canadian Women's Army Corps overseas are a number of British women who have married Canadian servicemen and subsequently joined the Canadian Corps. Many of these girls will be added to the list of "British War Carides" coming to Canada to make new homes, but transition from one continent to another should not be so difficult for them. In the C.W.A.C., they have been introduced to Canadian rations and Canadian cooks. They have been told of the vastness of Canada, they know something of Canadian customs, trends of thought and conversation. In other words, part of their reorientation has already been made by the time they are ready to cross the Atlantic.

SHELL SAY "NO" TO FORTITUDE

Col. C. M. Campbell, I wonder where Sgt. Snip was born.

Penelope CWAC: She wasn't born. She was issued!

THE QUEENS WERE BUSY

Britain's crack liners, the Queen Mary and the Queen Elizabeth, between them transported 1,243,638 persons from the beginning of the war to the capitulation of Germany. It was disclosed in an official white paper issued in London. American and Canadian soldiers constituted the bulk of the 860,694 persons moved across the Atlantic. The ships carried a division at a time.

Marine engines, a million times bigger than watch mechanisms, must be constructed with the same accuracy.

Using New Method

Quick Freeze Process Will Keep Milk In Normal State

United States Army scientists have perfected a method for the "quick-freezing" of milk that enables their hospital ships to serve wounded soldiers a beverage tasting as fresh and appetizing as the product which the milkman left on the doorstep this morning.

About 30,000 pints of milk frozen by the new process are now being shipped each month, principally for use on ships that are returning sick and wounded men from combat zones, the War Department announced. Overseas hospitals also are receiving shipments in ever-increasing volume, and about 400,000 pints a month are being shipped for general use by American troops in Alaska.

The Army's system has suggested interesting peacetime application of the new process in supplying civilians far from dairy sources.

Although, in some instances, the milk has been kept in the frozen state for three months, it tastes, when thawed, as fresh as if it had just come from the cow, according to army spokesmen.

Formerly, the only milk that hospitalized men and all overseas troops were able to obtain was made of milk powder. While the nutritive value was high, the taste left much to be desired. And the problem was a serious one in the case of incapacitated men on liquid diets.

Experiments showed that if milk were frozen with extreme rapidity at 20 degrees below zero, Fahrenheit, it froze in tiny crystals, and as a result, the milk thawed in its original condition.

SELECTED RECIPES

GOLDEN-BROWN FISH

The fish that swim the seven seas and all the inland brooks and lakes, offer mankind an abundance of variety in wholesome food. And they are available fresh or quick frozen in markets almost everywhere these days.

As a general rule, fish is easier to prepare than meat. Fish cooks quickly, broils or pan fries quickly. It is done when the delicate flesh separates from the bones—and in the case of baked, broiled, pan or oven-fried fish, when the crisp outer coating is golden brown.

This much-to-be desired crisp coating is easily achieved by dipping the fish in salted milk, then in oven-popped rice cereal crumbs, brushing lightly with oil and baking quickly in a very hot oven. By this method, approximately dubbed "oven-frying," the fish cooks quickly, browns evenly and the crisp coating is not disturbed by turning. Almost all types of fish are delicious prepared this way—small fish are friend whole and the larger varieties are sliced or filleted.

Oven fried fish are prepared according to the following recipe. Allow one-quarter to one-third pound of filleted or steamed fish per serving. Allow one-half pound per serving in the case of small fish to be left whole.

OVEN-FRIED FISH

1 pound fish
3 cups oven-popped rice cereal
1 tablespoon salt
1 cup of milk
4 teaspoons salad oil or shortening
Cut fish into serving pieces. Roll crisp cereal into fine crumbs. Add salt to milk. Dip fish in milk then in crumbs and arrange on well greased baking sheet. Sprinkle oil or melted shortening over top of fish. Bake in very hot oven (500 deg. Fahrenheit); twelve to fifteen minutes.

Yield: 4 servings.

Note: Frosted fish can be used. For fried coating use undiluted evaporated milk.

The petroleum used in automobiles contains the energy that was stored up by plants and animals thousands of centuries ago.



ITCH - or Money Back

For quick relief from itching caused by eczema, athlete's foot, scabies, pimples and other itching conditions, use D. D. D. PRESCRIPTION. Greenish and painless. Soothes, cures and quickly calms intense itching. Don't suffer. Ask your druggist today for D. D. D. PRESCRIPTION.

Roll your own

WITH

Macdonald's FINE CUT



MACDONALD'S FINE CUT

OUR COMPLETE SHORT STORY—

WEDDING DAY

By W. J. THOMAS

McClure Newspaper Syndicate

Standing very still, her eyes on the little path which wound through mountain laurel stirring faintly in the warm morning breeze, Helen Knowles said, "You shouldn't have come here, Bob, not on my wedding day."

Bob Newbold's voice was low, but very firm. "I don't think Lloyd Tyson can ever make you happy."

Helen felt her lips tremble, kicked a dainty foot at a pebble. Her chin went up. "I know what I'm doing, Bob."

"Even with his whole blasted family—snug from five generations of too much money and doing the same things in the same way—hating the idea of just a business woman 'getting' their boy Lloyd?"

"He loves me," saying it to Bob Newbold was torture.

"Who doesn't?" he persisted, smiling and pushing his unruly light hair back from his forehead. "Even I, a radio man who aspires to be a great architect, love you too. That's why I drove here, starting my two-weeks' vacation had cruising in a flower. Yes, perhaps she loves you, but do you love him?"

"I'm very grateful to him. Good-bye, Bob. Only . . . I'd like you to wish me luck."

"I do, with all my heart. But remember, some day, and soon, you're going to find yourself smothered by the Tysons' cold smugness." He sounded a bit obstinate.

Helen left him, reviving his words in her mind. Why had he come here today of all days, after she had tried for months to keep tantalizing visions of him out of her mind?

He was right, so right! Already she knew. The Tysons had insisted on having the wedding here, instead of at Goldale. And she and her mother had allowed them to have their way.

Doubts were assailing her when she reached the Big House—that's what everyone called the Tysons' home, because it exactly described it. A big house. Big, with every bit of furniture and every picture and every rug—and every person—precise and formal and proper.

Something was wrong now. She sensed it the moment she stepped on the high pillared porch.

Inside was bedlam—in a restrained and wholly proper way.

Lloyd's mother was wringing her hands. "Everything is gone! What do you know about it, Helen? What shall we do?"

"Your trousseau, your clothes!" Lloyd interrupted.

Helen sat down, bewildered. "Will someone please tell me what all this is about?"

Helen's mother was the only calm one in the household. "Your trousseau, Helen, has disappeared. Stolen, apparently. And your gown, tulle veil—everything. I have persuaded the Tysons that you know nothing about their disappearance. I have told them to telephone the police. . . ."

"How can the police help in time

for the ceremony?" demanded Lloyd. Helen went to Lloyd. "I don't understand it, but it doesn't matter, does it, dear? After all, clothes don't make the wedding."

Mrs. Tyson was emphatic. "All of our friends here! The church decorated! And the bride wearing—what? Sweater and slacks?"

"Lloyd!" pleaded Helen. But her fiancé, despite Helen's appeal, stood by his mother, very stiff, hands in his pockets, silent.

For a moment it seemed strange to her that she was not hurt because he made no effort to oppose his mother. Then it didn't seem so strange as she realized that the Tysons could no more have their wedding plans changed than she could go through life without Bob Newbold.

Still, it wasn't easy to take Lloyd's ring from her finger, as she was doing, with all those eyes upon her. As if she were guilty of some disgraceful crime.

"Here, Lloyd, your ring," she was saying. "For all your considerations kindness, thank you! I only . . ."

She felt weak.

Her mother said, "Run along," and her soft brown eyes were the only untroubled things in a storm which was rapidly subsiding. "Take a walk. I'll straighten everything out here."

Helen went around the long hedge without a backward glance, quickened her steps over the laurel-lined path. She was spurred by a vague, but compelling hope. Tears came to her eyes.

"Through a mist suddenly she saw Bob, sitting on the grass, gazing out absently over the patchwork of farm fields below. Then, blissfully feeling his arms holding her close, she told him.

"This can still be your wedding day," he said, grinning. "I'll be the victim."

"Would you marry me—in sweater and slacks? But it won't be necessary."

He led her to his car, parked by a wild crabapple tree, and pointed inside.

There she saw her white net gown, tulle veil—and the rest of her trousseau.

"I had to do something to make you see the light, Helen. I knew you'd never be happy as Mrs. Lloyd Tyson. . . . In the wee small hours this morning I removed—stole, if you please—these things. Sorry?"

"No, just plain happy. But how did you ever get inside the house?"

"I didn't," He grinned again. "Inside job."

Helen's eyes widened. "You mean—?"

"Of course! Who would help me but your mother?"

The Indians Knew

Quebec Red Men Were The First To Point The Way To Vitamin C

The Indians of old Quebec didn't know it but back 400 years ago when they helped Jacques Cartier's scurvy-stricken men during a bitter Canadian winter they were pointing the way to vital vitamin "C."

The Indians showed Cartier how to cure the men of his 1536 exploration party with a bitter brew from evergreen branches which contained this then unknown vitamin.

Now scientific proof that the branches of this tree contain the life-saving vitamin is being developed by scientists at the Toronto Hospital for Sick Children. At the hospital it was discovered spruce trees contain vitamin C in more than twice the proportion of oranges.

Food Shortage

Says Nothing Mysterious About The World Shortage

Food Minister Llewellyn declared that there was "nothing mysterious" about the world food shortage and "no one has made the world's supply of food disappear overnight."

In their order of importance he listed these causes of short supply:

1. Shortage of farm help due to call-up of men for Allied armies.
2. Lack of fertilizers in producing countries owing to lack of ships.
3. Drought in Australia, New Zealand, South Africa, South America and the Caribbean area.
4. Increased demands due to military forces and needs of liberated countries where production declined under the Germans.

OFFER PRIZE

The council of the Royal Society of Arts is offering a prize of £50 (about \$225) to any person of British or allied nationality who has invented a publication or diagram considered an advancement in the science or practice of navigation, between January 1, 1940 and December 31, 1945. It was announced in London.

Nearly 50 places in England bear the name "Sutton" either alone or in combination with others. 2627



• The long late spring with its unusual chilly climate this year, got oldtimers down in Manitoba reminiscing and when Gilbert Plains recalled that they had staged a curling game there on May 1, 1907, the town of Grandview old-timers put 'em to shame by bringing evidence of a curling match there on May 24th of that year. Then Campbellton, N.B., proudly pushed forward its snow-storm of June 1st this year.

• From here and there in Canada: In the Trossachs, Saskatchewan, ducks have been found nesting as high as 14 feet up in trees. No explanation has yet been forthcoming why ducks in this area should prefer to nest in trees instead of on the ground. . . . Public spirited citizens at Dawson Creek, fabulous while the Alcan highway was being built, have donated \$10,000 to build a swimming pool. . . . William A. Mann of Upsalquitch, N.B., plowed up a big silver watch in good state of preservation, proved to be his father's who had lost it ploughing in 1910. . . . Returning from overseas after four years, Sapper Martin Vancleef found that some mining stock he had put away was worth \$50,000. He had thought it useless when he left. . . . Oldest voter in the Bruce riding of Ontario to cast a ballot in the federal election was Mrs. William Eyre of Oliphant; she had reached 100 in March. . . . Mrs. P. H. Winters of Lacombe, Alta., dug in her garden, brought up a ring set with sapphires and diamonds which she had lost 18 years ago. . . . The dog business got so bad in Chilliwack, B.C., the township council thought maybe they'd have to tax everybody, then exempt those who proved they didn't own a dog. . . . Interviewed in Germany, 21-year-old Pte. Jack Pittman, of White Bear, Sask., regretted he'd only had 7½ months action, and liked it so much wanted to go to the Pacific.

• The complications of business doesn't deter the editor of the Dauphin, Man. Herald from getting statistical. It's a Canadian National town; so he gives his readers the interesting story: "In one year, the Canadian National Railways issues about 2½ million pay checks to over 100,000 employees. To complicate matters there are 3,500 Smiths, of which 267 are William Smiths, 238 John Smiths and 152 James Smiths. There are 2,000 Browns, many with the same first name. Then there are 'Early and Lal', 'Beck and Cal', 'First and Las', 'Begin and Enz', and in the New York office—a Laick, Brooks and a Storm."

• With housing to play such a great part in the post-war period we hear so much about, the Kribland Lake (Ont.) Northern News tackles the subject of style of houses, in an interesting editorial, stressing that mass-produced houses need no character in the headlines which has characterized our streets. Community action must be taken to prevent sins of the past by careful scrutiny of some of the successful British and American town plans now a reality. Winds up the editorial with this pertinent comment: "Planned town units, functional public buildings, parks and other projects in the name

of beauty and social well-being are setting the trend in this direction and the small town should not feel that such plans are too ambitious. But all these schemes will come to nothing if the public fails to realize that functional homes of beauty to fit into these larger plans cannot be designed without the aid of the experts—the architect and the interior decorator."

• In the little town of Altona, Man., sits an editor like many others in Canada, looking for something bigger and better to come out of the holocaust of war. In an editorial he muses: "Everyone of us needs both vision and a program, in business, on the farm, in the home, wherever we may be. A child has visions of a picnic and plans for one. An adult envisions a home and spends a long time planning it. So it should also be with town-planning and community building. If we only dream about it and do no planning, we will never have a better community. And planning alone is not sufficient either. We must 'hitch our wagon to a star' and then prepare practical plans which may make some of those dreams come true."

Luther Burbank grew chestnut trees that produced nuts when they were only six months old and but a few inches high.

MENTHOLATUM

RELIEVE IRRITATION

MENTHOLATUM

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MENTHOLATUM

RELIEVE IRRITATION

WIN This Beautiful PLYMOUTH!

It's Simple! It's Easy! It's Fun!

Don't delay! Send in your entry today!
As many entries as you like!

JUST WRITE IN 25 WORDS: "WHY I THINK QUAKER CORN FLAKES ARE MOST DELICIOUS OF ALL"

Hints to Help You Win

- Quaker Corn Flakes are the oven-fresh corn flakes!
- Quaker Corn Flakes are flavourful!
- Quaker Corn Flakes are deep-toasted!
- Quaker Corn Flakes stay oven-fresh. The big blue and yellow Quaker Corn Flakes package is flavour-sealed!

READ THESE EASY RULES

- (1) Write a statement of 25 words or less entitled: "Why I think Quaker Corn Flakes are most delicious of all," and mail it to The Quaker Oats Co. of Can. Ltd., Box 100, Peterborough, Ont. or Saskatoon, Sask.
- (2) Entries will be judged for frankness and sincerity, and will not be influenced by fancy writing, illustrated or decorated letters.
- (3) Judges: B. T. Huston, Canadian Grocery; W. J. Bryson, Retail Grocer; A. Tremblay, Canadian, their decisions will be final.
- (4) Contest open to residents of Canada only.
- (5) Family or other advertising agency employees, of The Quaker Oats Company, or its subsidiaries or their advertising agencies, are ineligible.
- (6) All entries become the property of The Quaker Oats Company of Canada Limited.
- (7) All entries must be postmarked not later than midnight, July 31, 1945.

New Car Guarantee

*Special deluxe model Plymouth (1942) * New car guaranteed for 5 years, each carrying money-back guarantee for 10,000 miles * Air conditioner * Custom radio * Defroster * Insured against fire and theft * New, modern finish * Car delivered to winner, freight prepaid.

QUAKER CORN FLAKES

of beauty and social well-being are setting the trend in this direction and the small town should not feel that such plans are too ambitious. But all these schemes will come to nothing if the public fails to realize that functional homes of beauty to fit into these larger plans cannot be designed without the aid of the experts—the architect and the interior decorator."

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Special Telephone Room

London, Ontario, Has First Of Its Kind In Canada

A special telephone room for use of wheel chair patients has been opened officially at London, Ont. The centre is equipped with three booths, one of which is large enough to accommodate a wheel chair and has double doors so that a chair patient may enter and make his call unassisted. Another booth is equipped so that patients who have arm or shoulder braces may use the instrument with a minimum of difficulty.

Luther Burbank grew chestnut trees that produced nuts when they were only six months old and but a few inches high.

Prickly Heat

Mentholatum quickly cools, soothes and relieves Prickly Heat, Chafing and Sunburn. Jars and tubes 50c.

MENTHOLATUM

RELIEVE IRRITATION

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Health

LEAGUE OF CANADA presents TOPICS OF VITAL INTEREST

MANY DEATHS BY DROWNING
SAID TO BE NECESSARY

With the summer vacation season upon us, the Health League of Canada points out that many deaths from drowning can be prevented—first by running no unnecessary risks and second by the prompt and long-continued use of artificial respiration methods when accidents occur.

Several years ago there was an intense agitation for more cars in rescue efforts, it being stated that victims died because artificial respiration was discontinued too soon. They died because all necessary efforts were not made to revive them—because the possibilities of artificial respiration still were not fully realized.

There are well-authenticated reports of artificial respiration being successful after as many as five hours. In cases of electrical shock, at least one instance is known of a patient being revived after being apparently dead for eight hours. This being true, it is an extraordinary thing that reports still come in of artificial respiration being discontinued after a mere half hour of effort.

It is pointed out that even if the victim has been in the water for as long as 30 minutes, there is a chance that life is not extinct—that proper resuscitation methods have a chance of bringing back consciousness.

Also, it is emphasized, artificial respiration must be started as quickly as possible and continued for a long period—six hours or longer. It is not until rigor mortis sets in that life can be assumed to be extinct. One of the most documented cases of late revival is that of a child, brought back to life after five hours' active work and hours after the child had been pronounced dead.

It is also important that those using artificial respiration be sure that air enters the lungs properly while they are working on the patient. There is always a possibility that a spasm of the larynx occurred and that the victim suffocated rather than drowned.

The most popular method of artificial respiration is the Schaefer method. In this, the body is raised gently by the wrist to allow water to drain from the lungs and stomach. It is then placed in a prone position with the head and chest lower than the rest, if possible. The head should be placed on one side on one of the patient's arms. The rescuer kneels astride the victim and applies pressure rhythmically in the region of the lungs. If possible, the patient should be kept warm with blankets and hot water bottles.

Rescuers should remember these five points:

1. Clear the patient quickly.
2. Start artificial respiration without delay.
3. Use warmth if possible.
4. Do not stop artificial respiration until the patient breathes or there are definite signs of the onset of rigor mortis.
5. After the patient is breathing do not allow him to sit up, stand, or walk, but transport him in a lying down position and put him to bed.

Health

LEAGUE OF CANADA presents TOPICS OF VITAL INTEREST

MANY DEATHS BY DROWNING
SAID TO BE NECESSARY

BEST REVOLVER SHOT—Constable Dorothy Colley of the Guelph police department, winner of the trophy for best police woman revolver competition staged at Guelph, Ont., by Police Association of Ontario, and Wellington county police.

"Open-Out" Dress



By ANNE ADAMS

When the temperature soars, the button-front "open-out" dress is a real pal. Pattern 4549 gives flat for easy ironing. Choice of short, three-quarter, or cape sleeves. Pattern 4549 comes in sizes 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40, 42. Size 16 requires 3¼ yards 35-in. fabric. Send twenty cents (20c) in coins (stamps cannot be accepted) for this pattern. Write plainly Size, Name, Address and Style Number and send orders to the Anne Adams Pattern Dept., Winnipeg Newspaper Union, 175 McDermott Ave. E., Winnipeg, Man. "Because of the slowness of the mails delivery of our patterns may take a few days longer than usual."

THEY STEPPED LIVELY

One bus driver in Milwaukee didn't have any difficulty in getting passengers to "step to the rear of the bus." The passengers made a bee-line for the rear and right out the back exit when a small boy permitted a half-dozen harmless garter snakes to escape from their shoe-box container.

A patent was issued a few years ago for canned pancakes, neatly rolled and placed in the container like asparagus stalks.

What is worth \$5 And Sells at 10¢?

Did you know that a 10c package of WILSON'S FLY PADS will kill more flies than \$5.00 worth of any other fly killer? The flies do the work when you use WILSON'S FLY PADS!

Take
Part of Your Change
in
**WAR
SAVINGS
STAMPS**
FROM
YOUR NAME HERE

**Only
2¢ per
cake
to insure
sweet,
tasty bread**

**ROYAL
YEAST
CAKES**

**FULL STRENGTH
DEPENDABLE
IN THE AIRTIGHT
WRAPPER**

FOR SALE

Splendid Victor Battery
Manit. Radio.

Apply
A. E. Roberts
Chinook, Alta

For Sale—Single Folding
COT. Extra heavy mattress
Reasonable.

Apply
Advance Office

Impounded—on S. E. 17-
6 8 W. 4th

1 Grey Mare about four years
old, weight about 1200 lbs,
running sore on left side of
face, no visible brand.

M. Jacobson.
Heathdale
Poundkeeper

For Sale—Registered Here-
ford BULL. Diamond F33rd
—150512 three years old last
April 30th, sure and very
quiet. Price \$250.00

E. A. Jacobson
Heathdale

ESTRAYED

25 HEAD OF HORSES brand E5
right thigh and COLTS branded 13
right thigh.

5 head brand Y left shoulder
\$10.00 reward for information lead-
ing to whereabouts of these horses.

N. Beggell,
Youngstown

**Men, Women Over 40
Feel Weak, Worn, Old?**

Want Normal Pep, Vim, Vitality?

Does weak, run-down, exhausted condition make
you feel faded out, old? Try Oxydol. Contains
natural tonic, vitamins, also needed after 40 or
50. Helps you get normal pep, vim, vitality. In-
expensive! Get Oxydol Today! 50c. 10c. 25c. 50c.
At all good drug stores everywhere.

ALBERTA CROP REPORT

More rain is urgently needed in addition to
the general rain on Wednesday. This is the im-
mediate need for Alberta's crops at the moment. Mo-
isture is good only in the south-west and in the
district west of Red Deer. Deterioration of same is
most noticeable in the western half of the Province.
District averages in growth of wheat show two to
four inches less in the south and from five to six
inches less in the north.

DEMAND FOR EGGS

Poultry raisers are being requested to do every-
thing possible to increase the production of eggs at
least until August 1st. Eggs are very scarce and
there is a tremendous demand for same from over-
seas as well as in the domestic market.

SUN SCALD IN SWINE PRODUCTION

Sun scalding is a serious matter in hog pro-
duction states the provincial live stock supervisor.
Pigs suffering from same require at least another one
hundred pounds of grain for each hundred pounds of
weight increase. A temporary pole and straw shed
may be built cheaply in a hog run that will save pigs
from sun scald.

Canned meats will be virtually removed from
the domestic market in Canada by a Prices Board
order. The order freezes these stocks and authorizes
the government to purchase more than 90 per cent
of the canned meat for the Allies and liberated people
of Europe.

A Grain Marketing Service...

See your A. P. Agent for grain
marketing and agricultural
information.

The Alberta Pacific Grain Co. (1943) Ltd.



A THOUGHT FOR ALL

People who live in glass houses, should never
throw stones!

If you know of a story its telling aloud.
Would cause a proud head in shame to be bowed
Its a pretty good plan to FORGET IT.

What happened to the trouble-makers of Ger-
many? They finally destroyed themselves... This
should be a lesson to troublemakers the world over.

Have you ever noticed a woman without virtue
is quick to rob another.

BEER BOTTLES Are Urgently Needed CONSERVE GLASS

Ship all your empty beer bottles
to the nearest Deliveries' Agent at
Calgary, Edmonton, Drumheller,
Lethbridge, Camrose, Medicine Hat
or McLennan when refunds will
be made promptly.

Buy

War Savings Certificates

With the Returns

Space donated by
BREWING INDUSTRY OF ALBERTA

Is The Stork Losing His Job?



Canadian flying men have moved
a lot of strange cargoes both
aboard and abroad in the last
several years, but when a Quebec
airways "flying took off" from
Quebec City Airport the other day,
bound for Chicoutimi, it carried
one of the strangest loads of all—
23 babies, not one of them over
five months old.

The infants were being trans-
ferred from La Croche Saint-Vin-
cent-de-Paul in Quebec to Chicouti-
mi—a long train ride, but only
an hour away by air. L'Abbe Ger-
main, priest in charge of the
orphanage, contacted officials of
Quebec Airways, a Canadian Pac-
ific Air Lines subsidiary, with the
result that the babies flew, and
all in one plane-load. Ordinarily,
the aircraft carries ten passen-
gers and a crew of three. But with
Sister Coeur Immacule and Sister

Marie de la Reparatoin, who were
also making their first airplane
flight, the total number of souls
aboard was thirty-one. Even so,
with each baby weighing an
average of ten pounds, it was a
far lighter load than customary.

Special three-place cribs, made
of plywood, were built so that
each box would fit into one seat
in the airplane. Wrapped snugly
in baby blankets, and strapped in
both boxes and seats, even the

roughest of air could not have
tossed the tiny infants out. And
as it turned out, there wasn't
even one bump on the entire trip.

"They didn't give a bit of
trouble," said Stewardess Joan
Harland, a veteran hostess of the
airline. "After the take-off, they
just went to sleep, and that's all
there was to it!"

Bachelor Captain Art Leach,
pilot of the plane, didn't have
much to say: "They were squeal-
ing when I went forward before
take-off, and they were squealing
after I landed," he announced
grumpily.

Said First Officer Gordon Alex-
ander: "I didn't hear a thing. Had
the ear-phones on all the time." Then, musingly, "Seems to me
static was a little worse than
usual, though!"



**SEEDTIME
and
HARVEST**
By
DR. K. W. NEATBY
Director
Lime Elevators Farm Service
Winnipeg, Manitoba

"High-Ho. Come to the Fair"

As a combined source of informa-
tion and amusement, the country
fair has few competitors. It is one
of the few attractions having an
equal appeal to men and women,
old and young. The best livestock
in the community are there; the
most recent improvements in farm
machinery are on display; neigh-
bours from near and far meet, often
for the first time since the last fair;
tests of skill, strength and luck are
available to all; exhibit buildings
are packed with interest and in-
formation, and a full day is rounded
off in the grandstand.

The exhibit of The North-West
Lime Elevators Association has estab-
lished an enviable reputation on the
fair circuits. This year, matters
of almost universal farm interest
will be featured. An attractive dis-
play showing the most important
features and advantages of farm
electrification will occupy the centre
of the exhibit. The remaining space
is devoted to weeds, insects, fer-
tilizers, potato diseases, small fruit
culture, and testing cereal seeds for
munt. Everett Robertson, B.S.A.,
will be on hand to advise on the
various farm problems with which
the exhibit is concerned. Don't fail
to visit us at one of the following
points: Brandon, Weyburn, Portage
la Prairie, Yorkton, Melfort, Lloyd-
minster, Vermilion, Vegreville, Red
Deer, North Battleford and Prince
Albert.

**IMPORTANT NEWS
ON THE HOME FRONT**

**TIRE CONSERVATION IS MORE
THAN EVER ESSENTIAL**

Our recapping will add
many, many miles of trouble-
free service to head-on
tires. We are experts in all
tire conservation service. Bring
your tire problems to us.



**RECAPPING!
REPAIRS!
VULCANIZING!**

**A COMPLETE
GOOD YEAR
TIRE SERVICE**

COOLEY BROS
CHINOOK ALBERTA
Phone Jto